

COLD STARTERS

Prawn Cocktail - **KES 900**

Crab meat Cocktail - **KES 1,150**

Octopus salad with potatoes & tomatoes - **KES 950**

Beef carpaccio with rocket leaves and flakes of parmesan cheese - **KES 980**

Caprese - Mozzarella cheese with tomatoes and basil – **KES 800**

Tuna carpaccio served with capers and French Dressing – **KES 980**

Avocado vinaigrette - **KES 500**

Fresh Kilifi Oysters (dozen) - **KES 750**

HOT STARTERS

Gratinated oysters in garlic sauce, bread crumbs & parmesan cheese (dozen) – **KES 900**

Baked mushrooms in cream or garlic sauce - **KES 700**

Deep fried Crab Claws - **KES 1,350**

Deep fried buttered prawns – **KES 1,350**

Deep fried Chicken Wings marinated with Ginger and Honey (six pcs) – **KES 400**

Barbecued Beef Skewer (3 Pcs) – **KES 400**

Bruschetta Garlic toasted bread with diced tomatoes (3 slices) - **KES 300**

SALADS

Il Covo salad – **KES 980**

lettuce, olives, cucumber, tomatoes, tuna or prawn or crab meat

Mediterranean salad - **KES 980**

Rocket leaves, lettuce, tomatoes, black olives, mozzarella Cheese and basil

Seafood salad - **KES 1,050**

Rocket leaves, tomatoes, green beans, prawns, octopus and squid

Greek salad – **KES 900**

Feta, olives, lettuce, tomatoes, sweet pepper and onions

Chicken Salad – **KES 650**

Shredded chicken with Tomato, Lettuce, Cucumber Sweet Corn and Mayonnaise

SOUPS

Lobster soup - **KES 950**

Tomato soup with croutons – **KES 650**

Minestrone Vegetable clear soup - **KES 700**

Il Covo Clear onion soup, served with baked egg yolk on toasted bread - **KES 800**

Chicken Cream Soup with chunks of chicken - **KES 700**

PASTA

Spaghetti with lobster - **KES 1,100**

Spaghetti with prawns - **KES 980**

Spaghetti seafood - **KES 1,200**

Spaghetti tossed in virgin Olive Oil and Garlic - **KES 650**

Penne in tomato paste - **KES 650**

Penne in pesto sauce - **KES 650**

Spaghetti carbonara with bacon, egg and parmesan cheese - **KES 980**

Penne baby marrow and prawns - **KES 1,100**

Penne with fresh tuna and black olives - **KES 1,100**

Penne with prawns - **KES 980**

Home made Tagliatelle Fungi with porcini mushrooms - **KES 1,300**

Home made tagliatelle Bolognese with minced meat sauce - **KES 1,100**

Home made tagliatelle prosciutto cotto in cream and cooked ham - **KES 1,200**

Home made tagliatelle Il Covo with dried tomatoes, prawns, squid and olives - **KES 1,350**

Meat lasagne - **KES 980**

Vegetable lasagne - **KES 900**

Crespelle con polpadi granchio - Pancakes filled with crab meat - **KES 1,250**

Crespella vegetarian - Pancakes filled with vegetables - **KES 850**

Carnelloni ricotta e spinaci - Carnelloni filled with ricotta cheese and spinach - **KES 1,100**

Ravioli di magro - Filled with ricotta cheese, spinach, baby marrow & cashew nuts - **KES 1,100**

RISOTTO

Risotto ai frutti di mare - seafood risotto - **KES 1,450**

Risotto ai gamberetti - Risotto with prawns - **KES 1,350**

Risotto ai funghi - Risotto with mushrooms - **KES 1,200**

Risotto Vegetarian with Carrots, Leeks, Zucchini, Green Pepper, French Beans – **KES 1,000**

MEATS

Beef

Aged Angus Rump steak (280 gm) - **KES 1,700**

Aged Angus Pepper steak (280 gm) - **KES 1,600**

Beef Milanese – Beef fillet coated with bread crumbs – **KES 1,600**

Beef Escalope with mushrooms in Wine or Marsala or Whisky - **KES 1,300**

Beef fillet fused with mozzarella, ham and bacon – **KES 1,400**

Sliced beef served on a bed of rocket leaves – **KES 1,250**

Beef fillet flambé in brandy – **KES 1,300**

Chicken

Chicken Milanese - Chicken breast coated with bread crumbs - **KES 1,200**

Chicken breast fused with mozzarella, ham and bacon – **KES 1,350**

Chicken in mushroom sauce - **KES 1,200**

Grilled Chicken marinated with Masala sauce (Half) – **KES 950**

FISH AND SEAFOOD

Fish fillet - grilled catch of the day – **KES 1,350**

Tuna fillet – grilled to your perfection – **KES 1,400**

Tuna fillet Sesame – grilled to your perfection – **KES 1,500**

Fish fillet Sabena served on a bed of spinach topped with garlic sauce and cream – **KES 1,500**

Whole fish baked in Masala Sauce

- Enough for two – **KES 2,500**

- Enough for three – **KES 3,500**

Il Covo Special baked seafood – Prawns, Crab, Octopus, Fish, Calamari gratinated in Cheese - **KES 2,500**

Grilled lobster - **KES 400 per 100 grams**

Lobster thermidor gratinated with cheese - **KES 450 per 100 grams**

Seafood platter per person - **KES 3,500**

Prawns in Coconut Sauce – **KES 1,350**

Grilled Prawns in Garlic or Periperi Sauce – **KES 2,250**

Crab thermidor - gratinated with cheese - **KES 1,900**

Grilled Octopus – **KES 1,450**

Grilled Calamari – **KES 1,450**

All meats, fish and seafood are served with a choice of rice or baked potatoes or mashed potatoes or French fries or Sauté potatoes or steamed potatoes and grilled vegetables

SIDE DISHES

French fries - **KES 250**

Grilled vegetables – **KES 300**

Chips Masala – **KES 350**

Garlic Chips – **KES 350**

PIZZA

Margherita - **KES 650**

Tomato, mozzarella and Basil

Al tegamino - **KES 1,100**

Ham, onions, green peppers, mushrooms olives

Quattro stagioni - **KES 1,100**

Bacon, salami, mushrooms and artichokes

Hawaii - **KES 900**

Pineapple and ham

Prawns Pizza – **KES 1,200**

Chicken Pizza - **KES 1,100**

Pizza Bolognese – **KES 1,000**

Beef fillet Pizza – **KES 1,250**

Capricciosa - **KES 1,000**

Ham, olive, green peppers and egg

Prosciutto cotto - **KES 950**

Cooked ham

Prosciutto crudo, - **KES 1,200**

Raw ham

Tonno e cipola - **KES 1,000**

Tuna and onions

Calzone - **KES 950**

Folded pizza with ham, onions and green pepper

Diavola - **KES 1,000**

Hot salami and black peppers

Gorgonzola e rucola - **KES 1,100**

Gorgonzola and rocket leaves

Frutti di mare - **KES 1,100**

Seafood pizza

Quattro fromaggi - **KES 1,000**

Assortment of four cheese

Ai funghi - **KES 850**

Mushrooms

Vegetariana - **KES 800**

Tomato, sweet pepper, onions, sweet corn

Napoli - **KES 950**

Anchovies and capers

Chuchi House Pizza – **KES 1,300**

Ham, salami, bacon, sausage, mushrooms

All Pizzas contain tomato sauce and mozzarella cheese. Extra vegetarian toppings @ KES 100, all other toppings @ KES 200 each.

DESSERTS

Fresh home made ice cream - assorted flavors per scoop - **KES 200**

Tiramisu - **KES 500**

Crepe con gelato - **KES 500**

Pancakes with ice cream

Banana split - **KES 500**

Chocolate Brownie – **KES 500**

served with a scoop of Vanilla Ice cream

COFFEE/TEA

Regular Kenyan coffee - **KES 150**

Iced coffee – **KES 200**

Regular black tea - **KES 150**

Iced tea – **KES 200**

Assorted flavored tea infusions - **KES 200**

Hot chocolate - **KES 200**

Single Espresso - **KES 150**

Double espresso - **KES 200**

Affagato - espresso plus ice cream - **KES 250**

Single Cappuccino - **KES 150**

Double Cappuccino - **KES 200**

Café Latte – Espresso, steamed milk and foam - **KES 200**

Today's recommendations from the Chef

Roast Bacon – tender, tasty, addictive (ideal for two) – **KES 4,500**

(served with Guacamole, Kachumbari, Green Salad and a choice of either fries, roast potatoes, sauté potatoes or rice)

Angus Aged Tomahawk Steak (approximately 900 gm, ideal for two) – **KES 4,500**

Show beef quality, well marbled and comes attached to its rib bone, quite some showmanship piece.

Served with Guacamole, Kachumbari, Green Salad and a choice of either fries, roast potatoes, baked Idaho potatoes, sauté potatoes or rice)

Honey glazed Spare ribs of Pork (Approximately 1 Kg, ideal for two) – **KES 2,200**

Served with a choice of fries or roast potatoes or baked Idaho potatoes, sauté potatoes and grilled vegetables

Roast Goat Ribs (Approximately 1 KG) – **KES 1500**

Served with a choice of fries or roast potatoes or baked Idaho potatoes, sauté potatoes and grilled vegetables

Chicken Mama Style (Ideal for two) – **KES 1,400**

Chicken thighs stewed slowly but surely with potatoes and green peas, highly recommended with rice or Ugali.

All prices are inclusive of 16% VAT and 2% Training Levy. Prices are subject to change without notice.