

COLD STARTERS

Beef carpaccio with rocket leaves and flakes of parmesan cheese - **KES 980**

Caprese - Mozzarella cheese with tomatoes and basil – **KES 790**

Avocado vinaigrette - **KES 490**

Fresh Kilifi Oysters (dozen) - **KES 750**

Prawns Cocktail - **KES 750**

HOT STARTERS

Gratinated oysters in garlic sauce, bread crumbs & parmesan cheese (dozen) – **KES 890**

Baked mushrooms in cream or garlic sauce - **KES 680**

Bruschetta Garlic toasted bread with diced tomatoes (3 slices) - **KES 300**

Chicken Satay (Chicken cubes on a skewer, served with peanut butter sauce) – **KES 400**

Crab Samosa – **KES 450**

Beef Samosa – **KES 380**

Vegetable Samosa – **KES 300**

Chicken Nuggets – **KES 690**

SALADS

Greek salad – **KES 790**

Feta, olives, lettuce, tomatoes, sweet pepper and onions

Chicken Salad – **KES 720**

Shredded chicken with Tomato, Lettuce, Cucumber Sweet Corn and Mayonnaise

Mixed Seafood Salad - **KES 790**

Rocket leaves, tomatoes, green beans, prawns, octopus and squid

SOUPS

Tomato soup with croutons – **KES 650**

Il Covo Clear onion soup, served with baked egg yolk on toasted bread - **KES 780**

Chicken Cream Soup with chunks of chicken - **KES 700**

Butternut soup – **KES 650**

PASTA

Pasta options: Spaghetti | Penne | Home made Tagliatelle

Choose your favorite pasta sauce below:

Virgin Olive Oil and Garlic - **KES 650**

Tomato and basil paste - **KES 650**

Pesto sauce - **KES 650**

Carbonara with bacon, egg and parmesan cheese - **KES 890**

Mushroom sauce - **KES 790**

Bolognese (minced meat sauce) - **KES 880**

Seafood sauce – **KES 1,190**

Meat lasagna - **KES 980**

Vegetable lasagna - **KES 890**

Crespella vegetarian - Pancakes filled with vegetables - **KES 850**

Carnelloni ricotta e spinaci - Carnelloni filled with ricotta cheese and spinach - **KES 1,100**

RISOTTO

Risotto ai frutti di mare - seafood risotto - **KES 1,250**

Risotto ai gamberetti - Risotto with prawns - **KES 1,150**

Risotto ai funghi - Risotto with mushrooms - **KES 990**

MEATS

Beef

Pepper steak (280 gm) - **KES 980**

Beef Escalope with mushrooms in Wine or Marsala or Whisky - **KES 890**

Beef Rock & Roll - Beef fillet fused with mozzarella, ham and bacon – **KES 1,250**

Sliced beef served on a bed of rocket leaves – **KES 1,190**

Beef fillet flambé in brandy – **KES 890**

Wiener Schnitzel (Pan fried Pork loin coated with bread crumbs) – **KES 1,290**

Mbuzi Choma (Roast Goat Ribs)

½ Kg – **KES 750**

1Kg – **KES 1,500**

Chicken

Chicken Milanese - Chicken breast coated with bread crumbs - **KES 990**

Chicken Rock & Roll - Chicken breast fused with mozzarella, ham and bacon – **KES 1,190**

Chicken in mushroom sauce - **KES 1,090**

Grilled Chicken marinated with Masala sauce (Half) – **KES 950**

FISH AND SEAFOOD

Fish fillet - grilled catch of the day – **KES 1,190**

Tuna fillet – grilled to your perfection – **KES 1,190**

Tuna fillet Sesame – grilled to your perfection – **KES 1,290**

Fish fillet Sabena served on a bed of spinach topped with garlic sauce and cream – **KES 1,390**

Grilled Octopus – **KES 1,290**

Grilled Calamari – **KES 1,290**

Seafood plater per person (Lobster, Prawns, oysters, Calamari, Octopus, fish,) – **KES 3,500**

Il Covo Special - Baked Prawns, Crab, Octopus, Fish, Calamari in melted Cheese - **KES 2,500**

All meats, fish and seafood are served with a choice of rice or baked potatoes or mashed potatoes or French fries or Sauté potatoes or steamed potatoes and grilled vegetables

SIDE DISHES

French fries - **KES 250**

Grilled vegetables – **KES 300**

Chips Masala – **KES 350**

Garlic Chips – **KES 350**

Ugali – **KES 250**

Rice – **KES 250**

PIZZA

Margherita - **KES 700**

Tomato, mozzarella and Basil

Vegetariana - **KES 800**

Tomato, sweet pepper, onions, sweet corn, tomato, mozzarella & basil

Hawaii - **KES 850**

Pineapple, ham , tomato mozzarella & basil

Pizza Bolognese – **KES 850**

Minced meat sauce, tomato mozzarella & basil

Ai funghi - **KES 850**

Mushrooms, tomato, mozzarella & basil

Capricciosa - **KES 850**

Ham, olive, green peppers, egg, tomato, mozzarella & basil

Prosciutto cotto - **KES 850**

Cooked ham, tomato, mozzarella & basil

Al tegamino - **KES 880**

Ham, onions, green peppers, mushrooms olives, tomato, mozzarella & basil

Quattro stagioni - **KES 880**

Bacon, salami, mushrooms and artichokes, tomato mozzarella & basil

Tonno e cipola - **KES 880**

Tuna, onions, tomato, mozzarella & basil

Diavola - **KES 880**

Hot salami and black peppers, tomato, mozzarella & basil

Chicken Pizza - **KES 880**

Chicken, tomato mozzarella & basil

Napoli - **KES 950**

Anchovies, capers, tomato, mozzarella & basil

Quattro fromaggi - **KES 950**

Tomato, basil & assortment of four cheeses (Feta, Mozzarella, Gorgonzola & Ricotta)

Prawns Pizza – **KES 990**

Prawns, tomato mozzarella & basil

Prosciutto crudo - **KES 990**

Raw ham, tomato, mozzarella & basil

Beef fillet Pizza – **KES 990**

Beef fillet strips, tomato, mozzarella & basil

Gorgonzola e rucola - **KES 990**

Gorgonzola, rocket leaves, tomato, mozzarella & basil

Frutti di mare - **KES 1,100**

Prawns, calamari, Octopus, sea fish, tomato, mozzarella & basil

Chuchi House Pizza – **KES 1,300**

Ham, salami, bacon, sausage, mushrooms tomato, mozzarella & basil

Extra vegetarian toppings @ KES 100, all other toppings @ KES 200 each

DESSERTS

Fresh home made ice cream - assorted flavors per scoop - **KES 200**

Tiramisu - **KES 450**

Crepe con gelato - **KES 450**

Pancakes with ice cream

Banana split - **KES 450**

Chocolate Brownie – **KES 500**

served with a scoop of Vanilla Ice cream

COFFEE/TEA

Regular Kenyan coffee - **KES 150**

Iced coffee – **KES 200**

Regular black tea - **KES 150**

Iced tea – **KES 200**

Assorted flavored tea infusions - **KES 200**

Hot chocolate - **KES 200**

Single Espresso - **KES 150**

Double espresso - **KES 200**

Affagato - espresso plus ice cream - **KES 250**

Single Cappuccino - **KES 150**

Double Cappuccino - **KES 200**

Café Latte – Espresso, steamed milk and foam - **KES 200**

Today's recommendations from the Chef

Spare ribs of Pork (Approximately 1 Kg, ideal for two) – **KES 2,200**

Served with a choice of fries or roast potatoes or baked Idaho potatoes, sauté potatoes and grilled vegetables

Roast Goat Ribs (Approximately 1 KG) – **KES 1,500**

Served with a choice of fries or roast potatoes or baked Idaho potatoes, sauté potatoes and grilled vegetables

Chicken Mama Style (Ideal for two) – **KES 1,400**

Chicken thighs stewed slowly but surely with potatoes and green peas, highly recommended with rice or Ugali.

All prices are inclusive of 16% VAT and 2% Training Levy. Prices are subject to change without notice.